

**6.ICR.2.2 -
Summarize the
responsibilities of
parenthood.**

Pre-Test

1. What does it mean to be a good parent?
2. What 6 things should all parents be providing for their children?

Parenting Clip

- What kinds of challenges did these parents face?



Cost of Raising a Child

- Brainstorm:
 - think about your futures and the kinds of real-life decisions you'll soon face.
- Where would students like to be in their lives at age 22?
- What kinds of jobs would they like to have?
- Do they plan to go to college?
- Would they like to become parents?
- Where would students like to be in their lives when they are 30 years old?

- List on paper five goals for adulthood.
- Share goals with a partner.
 - Did you include a goal for their education, career, health, marriage, and parenthood.

Statement of Objectives:

Many of you will become parents in the future. Today we are going to discuss parenthood and the responsibilities that parenting requires. By the end of the lesson, you will be able to analyze the parental role in the upbringing of a child.

What does it take to be a good parent?

- Parenthood is a difficult and demanding responsibility as well as a rewarding and loving role.
- Not all people will become parents, but those who do are challenged to provide all the needs of their child or children. The child's basic needs of food, shelter, warmth, safety, and love must be met.
- In addition, the child's needs for medical care, education, discipline, and nurturance are vital to the child becoming a healthy and responsible adult. The care of a child is a 24-hour a day responsibility.
- Parenthood is best entered into when one is an adult, self-sufficient, and thoughtful about the decisions regarding how the child will be raised.
- Having children while still young is an especially difficult challenge.

What Parents Provide

- Physical care:
 - Reliably providing shelter, education, medical care, physical safety, and nourishment.
- Social development and emotional support:
 - Love, play, and physical touch
 - Social skills and etiquette
 - Ethics and value systems
 - Moral and spiritual development
 - Norms and contributions to the child's religion and ethnic customs

Financial support:

- Money provided as child support by custodial or non-custodial parent(s), or the state
- Insurance coverage and payments for education

Provide an environment that is SAFE

- Keep your child free from physical, sexual, and emotional abuse.
- Keep unsafe objects locked up or out of reach of your child.
- Get to know your child's caregivers (get references or background checks).
- Correct any potential dangers around the house.
- Take Safety Precautions:
 - Use smoke and carbon monoxide detectors, lock doors at night, always wear seatbelts, etc.

Provide your child with BASIC NEEDS:

- Water
- Plenty of nutritious foods
- Shelter
- A warm bed with sheets, blankets, and a pillow
- Medical care as needed/Medicine when ill
- Clothing that is appropriate for the weather conditions
- Space (a place where he or she can go to be alone)

Provide DISCIPLINE

- which is effective and appropriate
- Structured
- Consistent
- Predictable
- Fair

Guided Practice

- Working in groups of 4.
- Group members will read the following changes parenting will bring.
- They are to spend time discussing the specific ways parenting will change their lifestyle and be prepared to share their groups' response with the class.

Independent Practice

1. Conduct an interview with a parent (your own or a trusted adult who is a parent) asking the following questions:
 - a. How do people's lives change when you prepare for parenting either through pregnancy or adoption? And, how do people's lives change once they have children?
 - b. What are some challenges and joys of being a parent?
 - c. What is important to have in place in your life before you become a parent?
 - d. How do people know when they are ready to become parents?

Closure:

In this lesson, we have analyzed the role of a parent and how parenting changes your life. The responsibility of caring for another person can be overwhelming. You will want to choose a time for parenting when you are sure you are ready for all the responsibility and have reached other important goals for education and financial independence.