Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Health Period: \_\_\_\_\_\_\_\_\_\_\_\_\_

 **Time and Money Lost**

Each time smokers light up, they shorten their lives, on average, by seven minutes.

* How many minutes of life does a pack-a-day smoker lose each day; in a week; in a year?
* How much does a pack of cigarettes cost in your state?

According to a [2011 Daily Finance article](http://www.dailyfinance.com/2011/06/22/do-smokers-know-how-they-much-spend-on-cigarettes/), the average smoker smokes 13 to 16 cigarettes a day, or four to six packs a week. What would the cost be per week, per month and per year?

List 3 things that you could spend that money on other than cigarettes.

1. A person smokes a pack a day (20 cigarettes in a pack)
	1. How many minutes will a person lose in a day? \_\_\_\_\_\_\_\_\_\_\_\_\_
	2. How many minutes will a person lose in a week? \_\_\_\_\_\_\_\_\_\_\_\_\_
	3. How many minutes will a person lose in a year? \_\_\_\_\_\_\_\_\_\_\_\_\_
	4. How many minutes will a person lose in 5 years? \_\_\_\_\_\_\_\_\_\_\_\_\_
2. What does a pack of cigarettes cost in NC? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	1. If a person smoke a pack a day, how much money would they spend in
		1. A day: \_\_\_\_\_\_\_\_\_\_\_\_\_
		2. A week: \_\_\_\_\_\_\_\_\_\_\_\_
		3. A year: \_\_\_\_\_\_\_\_\_\_\_\_\_
		4. In 5 years: \_\_\_\_\_\_\_\_\_\_\_
3. List 3 things that you could spend that money on other than cigarettes.
	1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_