

**7.ICR.1.6 - Illustrate the appropriate role of
bystanders in preventing and stopping
bullying and violence.**

Be an UPSTANDER!

When we learn about the bullying by
others,

The role of bystander is often talked
about.

What should we do when someone is
mistreated?

Should we leave? Join in? Or help out?

We've decided being a bystander is
inadequate.

A bystander might simply stand BY.

If a classmate or friend is in trouble,

On others, he or she must rely.

A far better term we've decided

UPSTANDER, don't you agree?

Let's stand UP against the bullies.

An UPSTANDER is what we should be!

We need to stand up for several reasons:

So the victim feels someone else cares,
To prevent such mean and hurtful actions

To do the right thing we must dare.

We'll learn skills to stand up and be safe

And practice some of the things we can

say

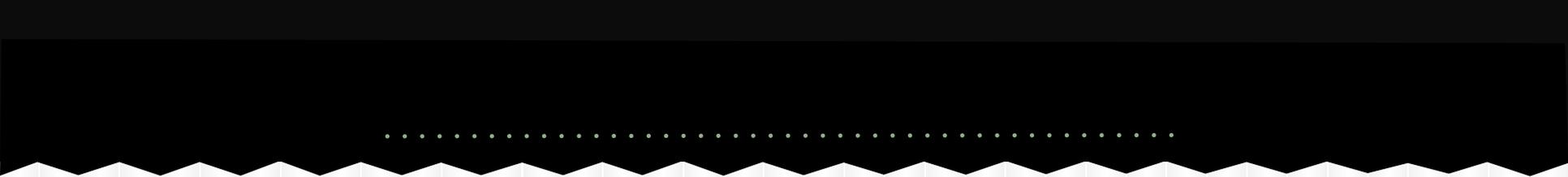
If a friend or a classmate's in trouble

We'll learn not to just walk away.

What do you think this quotation means?

.....

“Bullying is one of the most underrated and enduring problems in schools today and is a reality in the lives of all children, whether they are bullies, victims, or bystanders (witnesses).”

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1. Do you agree with the quotation?
 2. Is bullying a type of violence?

Agree or Disagree

Answer on a sheet of paper. **DO NOT** put

..... your name on it:

1. Watching someone getting picked on is lots of fun.
2. It's okay for people to slap or push boyfriends and girlfriends if they need to
3. keep them in line.
4. Bullying someone is a lot of fun.
5. People don't usually get seriously hurt in a fight.
6. Sometimes people deserve to be bullied.
7. People usually don't get hurt by bullying.
8. It's okay for people to encourage their friends to fight others if they've been
9. insulted.
10. It's okay to walk away from a bully.

11. Being in a fight is a lot of fun.
12. When parents are physically or emotionally abusive toward each other, they're usually the only ones who are affected.
13. People who bully others deserve a lot of respect.
14. Bystanders have an obligation to stick up for the target of bullying behavior.
15. Fighting is not cool.

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- Collect and shuffle papers and redistributes to students.
 - Tape the Agree and Disagree signs on the wall.
 - Read statements that reflect attitudes towards bullying.
 - I will read a statement and you will stand under the sign that your new paper has circled, regardless of how you feel.

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- ❖ Why might someone think it is fun to watch someone get picked on?
 - ❖ Why might someone think it is not fun to watch someone get picked on?
 - ❖ What are some behaviors that would be considered bullying?
 - ❖ Why do some teenagers bully others?
 - ❖ How many of you have been bullied by a peer?
 - ❖ Did they bully you all by themselves or were there others standing around watching?
 - ❖ How does it feel to be the victim of bullying?
 - ❖ Have you ever stood by and watched a friend bullying a peer?

Statement of Objectives:

Today, we are going to examine the role that bystanders can take in situations that involve bullying and violence. Bystanders play an important role in these situations and we are going to look at what behaviors might help prevent the bullying of others and also prevent fighting. By the end of today's lesson you will be able to illustrate the appropriate role of bystanders in preventing and stopping bullying and violence.

**"When I get into a conflict, I
.....
usually..."**

1. When can peer pressure get a teenager in trouble?.....

2. When is peer pressure a good thing?

Notes

- **When bullying happens it is often the presence of bystanders (and even for the benefit or amusement of bystanders).**
- **Sometimes the bystander is complicit in the bullying or violence:**
 - **sometimes he/she may just happen to be there and may not know what to do.**
- **If a bystander encourages the violence, then he or she has made the situation worse for the victim.**
- **The victim may feel the peer group is against him as well as the bully.**
- **Bullying has become an increasing problem.**
- **The perpetrator is obviously at fault but bystanders have a role to play.**

What can bystanders do?

- **Bystanders can alert a teacher or administrator if bullying occurs or is planned.**
- **Bystanders can try to calm the situation down or speak to the bully to state the behavior should not continue.**
- **The bystander should show support for the victim so the person is not alone.**
- **Sometimes the bystander can offer suggestions of other activities that are not hurtful or illegal.**

**How can
positive peer pressure help reduce
.....bullying and fighting?.....**

Who's To Blame?

- **Ray witnesses a dog hit by a car and the car continues to drive away even though the dog is obviously injured. Ray continues walking to work without stopping to get help or care for the dog.**
- **Quinton is watching a basketball game at the park. An argument erupts between Drew, who's in 4th grade and a 6th grader named Ken, who is much taller than Drew. There are no adults around and the boys begin to fight. Ken knocks Drew to the ground and Drew begins to cry. Quinton quickly grabs his phone and starts to video the fight.**

Who's To Blame?

- **David is riding his bicycle to a friend's house to play video games. He sees his neighbor Gavin wreck his bicycle and his leg starts to bleed. Gavin's brother Chad ley starts laughing and calling him a baby. Gavin tries not cry but is in obvious pain.**
- **Benita walks by Eva and Sophia pushing and shoving each other at the community center. Eva pushes Sophia so hard that she falls and breaks her glasses. Benita keeps walking and does not stop to help.**

Bullying

- **Teasing or making fun of others**
- **Name - calling**
- **Spreading rumors about others**
- **Pushing, shoving or other acts that hurt someone physically**
- **Threatening or intimidating others**
- **Forcing people to hand over money or possessions**
- **Damage or break another person's possessions**
- **Making people do things they don't want to do**
- **Making people feel invisible**

Bullying

- **Alienating or keeping certain people out of "the group"**
- **Picking on or attacking people because of their race, religion, gender, family background, or culture**
- **Picking on or attacking people because they are different in some way (example: labeling of groups)**
- **Getting certain people to "gang up" or pick on others**

Can't Take it Back Clip

- **How do you think the victim felt?**
- **Have you ever been ridiculed before?**

Bullying online or electronically

Cyberbullying is when children or teens bully each other using the Internet, mobile phones, or other cyber technology.

Examples of Cyberbullying

- **Sending mean emails, text, or instant messages**
- **Posting mean messages and/or pictures about others in blogs or on websites**
- **Using someone else's user name to spread rumors or lies about someone**

Ways to Protect Yourself from Cyberbullying

- Do not to respond to rude e-mails, messages, and comments.
- Save the evidence, such as e-mail and text messages, and take screenshots of comments and images. Also, take note of the date and time when the harassment occurs.
- Have your parents contact their Internet service provider (ISP) or cell phone provider. Ask the website administrator or ISP to remove any Web page created to hurt you.
- "block" bullies or delete your current account and open a new one.
- If harassment is via **text and phone messages**, get your parents to change the phone number and only share the new number with trustworthy people. Also, check out phone features that may allow the number to be blocked.
- [Social Media Safety for Teens](#)



- Tips to Protect Yourself From Cyberbullying
- Social Media Tips for Teens

Activity

- Create a poster highlighting strategies for preventing and stopping violence in order to help a student who is being bullied. They may include strategies that the groups came up with already in the bystander peer pressure scenarios, or additional suggestions that bystanders can do to decrease incidents of bullying.**
- The "Ask the Experts" link at the Stop Bullying Now! Take a Stand, Lend a Hand Website has more examples of how bystanders can try to help the victims of bullies and stop bullying at their school.**

<http://www.stopbullying.gov>

Closure

You did a good job recognizing the role that bystanders have in conflict and bullying situations. Many of you have been the victims. Many of you have been the bystanders. Now, you realize that bystanders encourage these behaviors. It is possible that it wouldn't have happened if there hadn't been a crowd standing around. Positive peer pressure can help you encourage your friends not to confront and fight someone. You can also encourage peers not to bully others. You can make a difference.