Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Health Period: \_\_\_\_\_\_\_\_\_\_\_\_\_

**STUDENT/PARENT SURVEY**

Take the HOW MUCH DO YOU KNOW ABOUT ALCOHOL, CIGARETTES, AND MARIJUANA? Test.

<http://tinyurl.com/hzvdsc4>

Take it home and have a guardian take the test too. Go over the questions with your guardian . Have your guardian sign the test saying that they took the test and that they reviewed the answers with you.

Bring the signed test back.

Check the right answer to each question. If you think more than one answer is correct, check all that apply. After you have completed the test, read it to your parents or another adult in your family. Put an “X” next to each of their answers. Put your answers in the first box and your parents in the second.

1. Some people become dependent on marijuana or alcohol as a way to feel good or to escape their problems.

☐ ☐ True ☐ ☐ False

1. Tobacco is a highly addictive drug, which means the body becomes physically dependent on it very quickly.

☐ ☐ True ☐ ☐ False

1. It’s more dangerous to drive when you’re drunk than when you’re high on drugs.

☐ ☐ True ☐ ☐ False

1. Teenagers who smoke often have “smoker’s breath” and yellow teeth.

☐ ☐ True ☐ ☐ False

1. If someone offers you marijuana and you don’t want it, a good response is to

☐ ☐ a. Say, “No, thanks.”

☐ ☐ b. Make a scene and put him or her down for smoking marijuana.

☐ ☐ c. say, “I don’t like what it does to me.”

☐ ☐ d. Say, “Thanks a lot,” and take a hit.

1. People who smoke don’t become addicted to cigarettes until several years after they start smoking.

☐ ☐ True ☐ ☐ False

1. Losing control when you are drunk or high means you may do something you wouldn’t do if you were not high.

☐ ☐ True ☐ ☐ False

1. Of everyone who has lung cancer, over 85% got it from smoking.

☐ ☐ True ☐ ☐ False

1. Alcohol can be deadly. If you drink enough alcohol at one time, it can kill you.

☐ ☐ True ☐ ☐ False

1. Smoking just one cigarette a week can cause coughing, wheezing and excessive phlegm production.

☐ ☐ True ☐ ☐ False

1. Almost any drug, if used for a long time, causes physical or mental dependency.

☐ ☐ True ☐ ☐ False

1. It is legal to sell cigarettes to any teenager.

☐ ☐ True ☐ ☐ False

1. Marijuana damages your lungs.

☐ ☐ True ☐ ☐ False

1. Heavy and chronic drinking can harm every organ and system in the body.

☐ ☐ True ☐ ☐ False

1. Smoking relaxes you even when you’ve never tried cigarettes before.

☐ ☐ True ☐ ☐ False

1. The main reason most teenagers continue to smoke cigarettes once they start is

☐ ☐ a. They think it makes them look cool.

☐ ☐ b. They like spending so much money on cigarettes each week.

☐ ☐ c. they like the way their breath smells.

☐ ☐ d. They are addicted.

1. Having a bad “high” on marijuana means you might feel anxious, scared, uptight, or even terrified.

☐ ☐ True ☐ ☐ False

1. Advertisers try to make you believe that drinking alcohol will

☐ ☐ a. Make you more popular.

☐ ☐ b. Make you throw up.

☐ ☐ c. make you look glamorous,sexy, or macho.

☐ ☐ d. Get you addicted.

☐ ☐ e. Make you have a car crash.

1. More than four in five smokers want to quit. With a good smoking cessation program, 20-40% of the participants are able to quit and stay quit for at least one year.

☐ ☐ True ☐ ☐ False

1. Marijuana smoke contains some of the same cancer causing and toxic substances as tobacco, sometimes in higher concentration.

☐ ☐ True ☐ ☐ False

1. Marijuana is being cultivated to contain much higher THC content than it has when it grows in the wild. THC content is often as high as 20%.

☐ ☐ True ☐ ☐ False

1. If a parent or other family member is an alcoholic, you are much more likely to become an alcoholic.

☐ ☐ True ☐ ☐ False

1. People who smoke for many years are likely to develop

☐ ☐ a. bronchitis.

☐ ☐ b. Lung cancer.

☐ ☐ c. heart disease.

☐ ☐ d. cancer of the mouth, larynx, esophagus, or bladder.

1. Because marijuana is a “natural” substance, it is a safe alternative to drugs.

☐ ☐ True ☐ ☐ False

1. Teenagers start smoking because of

☐ ☐ a. Pressure from peers.

☐ ☐ b. Pressure from ads, sponsorships and promotions.

☐ ☐ c. pressure from themselves.

☐ ☐ d. curiosity.

1. Teenagers drink because ‘

☐ ☐ a. Their parents drink.

☐ ☐ b. They think it’s less harmful than other drugs.

☐ ☐ c. advertising makes it tempting.

☐ ☐ d. They want to rebel.

Guardian Signature that they took the test:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Discussed the answers with your guardian.

Guardian Signature that discussed the answers with student:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_