

# 7<sup>th</sup> Grade Safety and First Aid Project

Create a Flip Book. Make sure it is neat and organized.

1. Page 1 – Cover Page
  - a. Title of Flip Book
  - b. Your Name
2. Page 2 – The Accident Chain
  - a. List the 5 steps to the Accident Chain
  - b. Explain the 5 steps to the Accident Chain
3. Page 3 – Injury Prevention
  - a. List 5 ways to prevent Injury
  - b. List 3 steps to break the accident chain
4. Page 4- Fire Safety
  - a. List 4 ways to prevent fires
  - b. List 4 causes of fire in the home
  - c. What can you do in your home to respond to fire?
  - d. Where is your meeting spot?
  - e. What are 2 exits from your bedroom?
5. Water Safety
  - a. List 8 tips for staying safe in the water
6. First Aid and Universal Precautions
  - a. Define first Aid
  - b. Define and explain Universal Precautions
7. Severe Bleeding
  - a. List the 6 steps to stop bleeding
8. Burns
  - a. Define 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> degree burns
  - b. How do you treat each type of burn?
9. Other Emergencies
  - a. How do you treat fractures, sprains, insect bites and animal bites?

Rubric For 7<sup>th</sup> Grade Safety Flip Book

1. Page 1 – Cover Page
  - a. \_\_\_\_\_ (3 points) Title of Flip Book
  - b. \_\_\_\_\_ (3 points) Your Name
2. Page 2 – The Accident Chain
  - a. \_\_\_\_\_ (10 points) List the 5 steps to the Accident Chain
  - b. \_\_\_\_\_ (20 points) Explain the 5 steps to the Accident Chain
3. Page 3 – Injury Prevention
  - a. \_\_\_\_\_ (10 points) List 5 ways to prevent Injury
  - b. \_\_\_\_\_ (6 points) List 3 steps to break the accident chain
4. Page 4- Fire Safety
  - a. \_\_\_\_\_ (8 points) List 4 ways to prevent fires
  - b. \_\_\_\_\_ (8 points) List 4 causes of fire in the home
  - c. \_\_\_\_\_ (5 points) What can you do in your home to respond to fire?
  - d. \_\_\_\_\_ (5 points) Where is your meeting spot?
  - e. \_\_\_\_\_ (5 points) What are 2 exits from your bedroom?
5. Water Safety
  - a. \_\_\_\_\_ (16 points) List 8 tips for staying safe in the water
6. First Aid and Universal Precautions
  - a. \_\_\_\_\_ (5 points) Define first Aid
  - b. \_\_\_\_\_ (5 points) Define and explain Universal Precautions
7. Severe Bleeding
  - a. \_\_\_\_\_ (12 points) List the 6 steps to stop bleeding
8. Burns
  - a. \_\_\_\_\_ (12 points) Define 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> degree burns
  - b. \_\_\_\_\_ (12 points) How do you treat each type of burn?
9. Other Emergencies
  - a. \_\_\_\_\_ (8 points) How do you treat fractures, sprains, insect bites and animal bites?

Total points \_\_\_\_\_ out of 153

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